



# THE COUNSELING CORNER @ KJH

**September 2021**

**Welcome Back Knights!** - As this school year begins, we have a new opportunity to recommit to give our best every day! Knight Discovery can help you stay on top of homework and provide extra help when needed. Knight Discovery meets in the school library after school every Tuesday, Wednesday, and Thursday and in the cafeteria every Wednesday morning at 9am (with Math and English aides).

**KJH Counselors** - Have you met your counselor yet? They are eager to help in any way needed! Assigned according to the student's last name:

**MR. BROWN—LAST NAMES A–G ● MS. VANDYKE—LAST NAMES H–O ● MRS. ERICKSON—LAST NAMES P–Z**

7<sup>th</sup> grade students will see Counselors on September 27<sup>th</sup> and 28<sup>th</sup> as they are excited to be teaching in the CCA classes!

9<sup>th</sup> grade students with parent/guardian will have opportunity to meet with counselors for a PCCR meeting (**Plan for College and Career Readiness**) starting in September and continuing through December. These meetings last about 20 minutes. We discuss academics, 4-year plans for high school graduation, and career exploration. We set goals and provide information and resources based on interests and questions. When appointments open, you will receive an email with directions on how to set up an appointment through the myDSD system. If there is not a date and/or time that will work for you, please call the Counseling Center at (801) 402-7207 to schedule a time or conference call that would work for you.

**Next Step Night** - CTE will be holding an event at Woods Cross, Sept 8<sup>th</sup> & Northridge, Sept 9<sup>th</sup> from 6:00-8:00. This is a great opportunity for students to meet industry leaders to learn about pathways and jobs, along with Concurrent Enrollment & scholarship opportunities. See attached flyer.

**Suicide Awareness Walk** - Saturday, Sept 18<sup>th</sup>, Ogden City Amphitheater. Participation is free. For more information see attached flyer. To register: <https://nuhopeutah.org/walk>

**H PE Week** - KJH Hope Week will be September 7<sup>th</sup> – 10<sup>th</sup>!

- Tuesday - Tag People with Kindness Day - Join in the tag game on the back field at lunch
- Wednesday - Suicide Prevention Day - Wear yellow - Sign HOPE Pledge at lunch
- Thursday - Success Day - Dress up in business attire OR wear a college t-shirt
- Friday - Be Comfortable Asking for Help Day - Wear PJs - Play quiz game at lunch

**National College Savings Month** - September is National College Savings Month! K–12 students are invited to design a bookmark for a chance to win a \$1,000 scholarship. Visit [my529.org/make-your-mark-2021/](http://my529.org/make-your-mark-2021/) for more information. Contest ends September 30, 2021.

**Dates to Remember** - Monday, September 6<sup>th</sup> - Labor Day (No School)

Do you need help  
with homework??

Please join us for...

**KNIGHT  
DISCOVERY!!**

**Knight Discovery will  
be every Tuesday,  
Wednesday, &  
Thursday after school  
in the Library and  
every Wednesday  
morning, 9am in the  
Cafeteria with Math  
and English Aides.  
SEE YOU THERE!**



If you have questions or  
need assistance, please  
contact the Counseling  
Center @ 801-402-7207.  
We are eager to help!

- Mr. Brown (A-G)
- Ms. VanDyke (H-O)
- Mrs. Erickson (P-Z)

NextStep Night gives you the opportunity to learn about careers in leading industries. Learn how to prepare yourself with the skills needed to fit in your future workplace.



CTE WITHOUT LIMITS

# NextSTEP

Connecting You with Your Future

## Two Nights

**SEPT 8, 2021**

**6:00-8:00 PM**

**WOODS CROSS HIGH SCHOOL**  
600 W 2200 S  
WOODS CROSS

**SEPT 9, 2021**

**6:00-8:00 PM**

**NORTHRIDGE HIGH SCHOOL**  
2430 N HILL FIELD RD  
LAYTON

### **BREAKOUT SESSIONS:**

- Scholarships
- Earning College Credit while in High School

### **MEET INDUSTRY**

#### **LEADERS IN:**

- Construction
- Hospitality
- Technology & Communications
- Human Services
- Business & Finance
- Engineering
- Health Science
- Information Technology
- Manufacturing



14TH ANNUAL  
NORTHERN UTAH

# SUICIDE AWARENESS WALK

**9.18.2021**



People join the NUHOPE Walk for many reasons: remembering or supporting a loved one, working through hard times themselves, or to raise awareness for suicide prevention. Whatever your reason, we would be honored to have you participate in this memorable event.

Ogden City Amphitheater

10:00 -Registration and Booths Open

11:00 – Opening Ceremony and Speaker

11:30 – Walk (approximately 1 mile)

Participation is free. For more information or to register, <https://nuhopeutah.org/walk>



## Walk — NUHOPE

COVID-19 Precautions:  
NUHOPE and our sponsor organizations are committed to hosting a walk that is as safe as possible. We will continue to monitor the COVID-19 rates in our community and make any necessary adjustments to our setup or programming.

[nuhopeutah.org](https://nuhopeutah.org)